



*It's always a delicious day at...*

# THE FRENCH GOURMET

Catering • Restaurant • Bakery • Wine Boutique



## **Pilot Café Menus** (Gluten Free = GF Vegetarian = VG Vegan = V)

### **Soupe du Jour (House-made)**

Tomato Basil – Veggie stock, dairy (GF)  
White Bean – Meat stock (GF)  
French Onion – Meat stock (GF)  
Pumpkin – Veggie stock, dairy (GF)  
Cream of Broccoli – Veggie stock, dairy (GF)

Red Bell Pepper Pear – Veggie stock, dairy (GF)  
Chicken Tortilla – No dairy  
Chicken Noodle – No dairy  
Potato Leek – Veggie stock, dairy (GF)

### **Hot Entrée Menus**

Pasta with Pesto (V), Marinara (VG)  
or Meat Sauce, Caesar Salad, Garlic Bread  
Barbeque Pork Sliders with Coleslaw (V)  
and Roasted Potatoes (V)  
Thai Chicken Fingers with Pineapple Fried Rice (VG)  
and sautéed Broccoli  
Steak, Hand-cut French Fries, and  
Sautéed Green Beans with butter

Kobe Beef Sliders, Roasted Potatoes,  
Glazed Carrots  
Buffalo Chicken Tenders with Mac  
and Cheese, Celery and Carrot Sticks  
Chicken Fajitas with Spanish Rice (V)  
Refried Beans, Guacamole, Salsa  
Chicken Breast with Piccata Sauce,  
Potato au Gratin and Sautéed Broccoli

### **Grab and Go Cold Choices**

Fresh Fruit Cups  
Caesar Salad  
Chicken Caesar Salad

### **Grab and Go Hot Choices**

House-made Chicken Pot Pie  
Baked Ziti (VG)  
Cheese Pizza Baguette (VG)  
Pepperoni Pizza Baguette

### **Self-Serve Salad Bar (All vegetables hand-cut fresh daily)**

Fancy Spring Lettuce  
Garbanzo Beans, Kidney Beans  
Broccoli Florets, Baby Carrots  
Tri-color Bell Peppers, Cucumbers  
Shaved Almonds, Sunflower Seeds  
Croutons, Craisins

Cherry Tomatoes  
Hardboiled Eggs, Avocados  
Corn Niblets, Black Olives  
Mandarin Oranges  
Crispy Onions, Bacon Bits  
Shredded Cheddar and Mozzarella Cheese

#### **Salad Dressings**

Extra Virgin Olive Oil & Balsamic Vinegar  
Caesar – Dairy and Fish  
House (V)  
Ranch – Dairy, mayonnaise



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## Common Grounds Menu Choices

Common Grounds offers a selection of breakfast pastries, muffins, and croissants baked fresh daily at The French Gourmet as well as Bruegger's Bagels. **Baked goods from the Gluten Free Baking Company are now available at Common Grounds.**

### Grab and Go

Yogurt Parfait with Ancient Grains Granola, Chobani Greek Yogurt, and fresh berries

Fresh Fruit Cup

House-made Hummus with Pita Bread and Fresh Veggies

Caesar Salad

Chicken Caesar Salad

Modern Oats Gluten Free Vegan Oatmeal

### Baguette Sandwiches

Prepared fresh daily on House-made French

Baguette with Roma tomatoes, lettuce, & mayo

Turkey and Cheese

Turkey Avocado and Cheese

Caprese with Mozzarella Cheese, Roma tomatoes

Basil, Extra Virgin Olive Oil (VG)

### Grilled Sandwiches

White American Grilled Cheese  
on Sadie Rose Sourdough Bread

Turkey Bacon Pesto Panini on  
Ciabatta Roll

Macaroni Cheese & Bacon Panini on  
Ciabatta Roll